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Have you ever watched an Olympic skier right before a downhill run? Sometimes the athlete will, with eyes closed, picture himself performing perfectly on every part of the course. I've been told that successful athletes picture themselves as champions, and they rehearse their believing images of victory over and over.

As a born-again believer—a spiritual “athlete” for God—how do you picture yourself in the daily competition of life? Do you carry positive Word-based images of yourself maneuvering life's situations? God promises us a victorious life, and we build our believing by rehearsing believing images of victory in our minds according to His Word to assist us in receiving His promises. We can picture ourselves as champions in areas of health, finances, relationships with others, and more. Do you want to learn how to picture yourself living more victoriously? Then read on.

God's Word clearly shows us the value of our thoughts and how they determine who we are.

*Proverbs 23:7:*

*For as he thinketh in his heart, so is he....*

What we habitually think becomes the innermost part of our being and is what we will manifest in our lives.

God's Word is full of promises, prevailing images that we can hold in our minds and manifest in our lives. He wants us to “know the things that are freely given to us” by Him (I Corinthians 2:12). We must first know what is available from God's Word before we can picture it being living and real in our lives.

The word “know” in I Corinthians 2:12 means to mentally perceive. The root of this Greek word is like the English word “video.” God wants us to have a clear mental

image of the things He has freely given to us. He wants us to know what He has promised so we can appropriate these treasures in our lives.

When we know what the Word of God says is available, then we can picture ourselves living it. As we picture ourselves living God's promises and then walk out on those promises with believing, we can expect to see those promises come to pass.

*Proverbs 4:20-22:*

*My son, attend to my words; incline thine ear unto my sayings.*

*Let them not depart from thine eyes; keep them in the midst of thine heart.*

*For they are life unto those that find them, and health to all their flesh.*

We can choose what images we carry in our minds. Those images that we hold in our minds will determine what we manifest in our lives. God desires that we synchronize the images in our minds according to His Word and picture ourselves being victorious in life with His abundance and power.

*I John 5:4:*

*For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith [believing].*

Here are some believing images of victory from God's Word to picture in our minds.

*Romans 8:37:*

*Nay, in all these things we are more than conquerors through him that loved us.*

*I John 4:4:*

*Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.*

We can picture ourselves overcoming and prevailing in every situation. What else?

*Philippians 4:19:*

*But my God shall supply all your need according to his riches in glory by Christ Jesus.*

*II Corinthians 9:8:*

*And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work.*

We can picture ourselves always having all we need so that we can perform good works for God. Are there more?

*III John 2:*

*Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.*

*I Peter 2:24:*

*Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.*

We can picture ourselves prospering and manifesting the good health that God desires for us.

The images we carry with clearness and concern determine who we are, and God wants us to picture ourselves living life victoriously. In what category of life do you want to live more victoriously? Find a promise of God, write it down, and rehearse it over and over in your mind. Picture it—picture the victory God makes available and so desires for you!

Let's picture ourselves manifesting the promises of God as we maneuver the daily obstacles of life. As we hold God's promises in mind and then walk out on them with believing, we can expect to manifest the victories that God desires for His children.

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