



October 3, 2022

I can think back on many occasions when, as a child, I spoke out loud the first thing that came to my mind. Time after time, my parents would graciously remind me of the importance of watching our confessions. We want the words we speak to reflect what God’s Word says about our situation—not what we feel or how it appears to be.

A close believer gave me a fun idea to help me. They started by reminding me of the formula for the “synchronized life,” as taught in *The Bible Tells Me So* by Victor Paul Wierwille. “Confession of belief yields receipt of confession.” This means that we will receive whatever it is that we believe and confess.

In business transactions, people are often given physical receipts to show that they have received goods or services. A receipt is proof or confirmation. My friend told me to picture a receipt being printed each time I make a confession or statement. The receipt would confirm my confession, whether positive or negative. The more positive confessions I made about my situation, the more receipts I had that served as proof or confirmations of my victorious outcome! My original challenge of thinking before I spoke turned into a new challenge: how many positive receipts could I print to confirm my victory?

The words we choose to speak have a powerful impact on our lives and the victories we desire to see come to pass. When we decide to speak God’s Word forth with believing, God can accomplish wonderful things in our lives.

*Proverbs 18:21:*

*Death and life are in the power of the tongue....*

Our tongue, or speech, can determine what our result will be. We want to speak life—and the words of God’s Word are life (Proverbs 4:20-22). When we speak, we can give thought and concentration to what we say, and then we hear it. As we say the Word over and over with conviction, we become more and more convinced. Choosing to confess God’s Word in our lives will draw us to the victory we so desire!

*Psalm 19:14:*

*Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.*

Choosing to speak the Word is a great way to keep our words acceptable in the sight of our Lord.

Let's look at a few examples to help point us in the direction of what godly things we can confess.

*Galatians 6:9:*

*And let us not be weary in well doing: for in due season we shall reap, if we faint not.*

We shall see good results as we continue to do good according to the will of God. We can state this truth to help get us through any situation we may face, knowing with full certainty we *will* reap if we faint not.

*II Thessalonians 3:3:*

*But the Lord is faithful, who shall stablish you, and keep you from evil.*

Another confession we can make is that God will establish us and keep us from evil.

*Philippians 4:13 [The Amplified Bible (1987)]:*

*I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency].*

We can tell ourselves that no matter what challenges we may face, we are fully equipped to prevail through the power of Christ in us. We are victorious!

What great power lies in our tongue! Choosing to gather our words from the Scriptures is a great way to help us keep our confessions aligning with God's Word, drawing us closer to the victory we desire!

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